

“Discovering the Prayer Book of Jesus” **Matthew 6:5-13**

Intro:

For the last 2,500+ years **The Book of the Psalms** has been the greatest collection of prayers to God in the history of the human race.

A little background to Psalms:

This morning, we're going to look at and interact with six different kinds of Psalms.

- ❖ The most basic level you can divide the Psalms, *or these prayers*, into are the categories of – Psalms of Praise, and Psalms of Lament.

I. Psalms of Praise:

II. Psalms of Lament:

There are four kinds/categories of lament dealing with four kinds of problems that we face in life. All of them are kind of found in **Psalm 42**.

- 1) The problem of enemies
- 2) The problem of sickness
- 3) The problem of death
- 4) The problem of traps

These Psalms / prayers of lament are called imprecatory Psalms (i.e. *those that invoke judgment, calamity, or curses, upon one's enemies or those perceived as the enemies of God*),

- “*Rage belongs before God, because it's the only safe place for it... so bring it there.*”

III. Psalms of Thanksgiving:

IV. Prayers or Psalms of Wisdom and Instruction:

V. Prayers of Confession:

VI. Psalms or Prayers of Enthronement: