

“Take a Look in the Mirror”

Part II

James 1:26-27

- Context: People who are absolutely dependent on others to take care of them. “*In their distress*” refers to a time when someone is *at their neediest*.

1) ***“Keep a tight rein on your tongue” –***

- The word used for a “*rein*” or “*bridal*” does not mean = a gag. The purpose of a bridal and the reins is not to silence, *but to control*.

To have control over when one speaks, and when it’s right to hold back and not say anything at all

3) ***“And keep yourself from being polluted by the world.”***

Application:

True religion that is pure and flawless is not found in the ceremony, or the song or sermon ... It’s found in men and women of living faith who bridle their tongue, who serve, and lift, and love people who can’t pay them back. And who in their way of thinking and living are different than the world.

2) ***“Religion that God our Father accepts as pure and faultless is this: to look after orphans and widows in their distress...”***